



STEPPING STONES PRE-SCHOOL





The Oaks

The Oaks is a Nursery and Activity Centre for boys and girls from 3 – 11 years old. It has no religious affiliation - we value parents and pupils of all faiths and none.

My intention is that the Centre aims to work with parents to help children grow into caring, well-balanced individuals who have a good understanding and strong commitment to develop:

- ❖ *personal qualities that help the society in which we live*
- ❖ *an appreciation of others*
- ❖ *the tools for a healthy lifestyle*
- ❖ *tolerance and compassion to build a positive future*

Christine Redgrave, Proprietor, 2011



Dear Parents,

Thank you for your interest in Stepping Stones Pre-School at The Oaks. The aim of this booklet is to show you the facilities and opportunities we offer.

Stepping Stones started many years ago as the nursery department of Eastcourt Independent School in Goodmayes. Over time its popularity grew so that we now want to expand, allowing more flexibility for working parents and preparing children not only for Eastcourt but also for any other school they wish to attend.

We hope that this information proves useful and encourages you to want to know more. If that is the case do contact us. We would love to hear from you.

Yours sincerely,

Personal, Social and Emotional Development



- ❖ we have a positive approach to learning and discovery about the world about us
- ❖ we have confidence in ourselves; we want to do things and we value our own achievements
- ❖ we can get on, work and make friends with both children and adults
- ❖ we understand and follow the rules which we need to help us look after ourselves, other people and the environment
- ❖ we can dress and undress ourselves and look after our personal hygiene
- ❖ we are respected, and respect other people



Communication, Language and Literacy



- ❖ we can speak and listen to another person, or in small or large groups
- ❖ we are always adding to our vocabulary
- ❖ we can use words to describe what we do
- ❖ we are getting to know the sounds and letters of the alphabet
- ❖ we listen to and talk about stories
- ❖ we can handle books and know the kind of things they contain
- ❖ we know the purpose of writing and can make our own attempts at it



Problem-solving, Reasoning and Numeracy



- ❖ we are building up ideas about quantity, using counting to find out how many
- ❖ we discover patterns of numbers and objects
- ❖ we find out about measure, using apparatus for length, weight and time
- ❖ we learn how to find a result by adding more or taking away from the amount we already have
- ❖ we use maths in everyday situations, at mealtimes, playtimes, story-times



Creative Development



- ❖ we use paint and materials to make pictures and objects we can recognise
- ❖ we listen and react to different kinds of music and have a chance to use instruments to make our own
- ❖ we dance together or on our own as exercise, as expression of how we feel, as a discipline to work with others, and as a reaction to the music we hear
- ❖ we speak and write sounds and words for entertainment and for self-expression
- ❖ we listen to and tell stories together to better understand how others feel, or how we would feel
- ❖ we pretend and role-play to experience moods, feelings, and narratives for ourselves



Physical Development



- ❖ we use apparatus and music to help gain control over big movements we can make with arms, legs and bodies
- ❖ we get better at running, jumping, hopping, skipping, rolling, climbing and balancing
- ❖ we learn how to control small movements we make with our arms, wrists and hands
- ❖ we get better at using tools, writing implements, objects and materials
- ❖ we learn how to look after our bodies and why it is so important

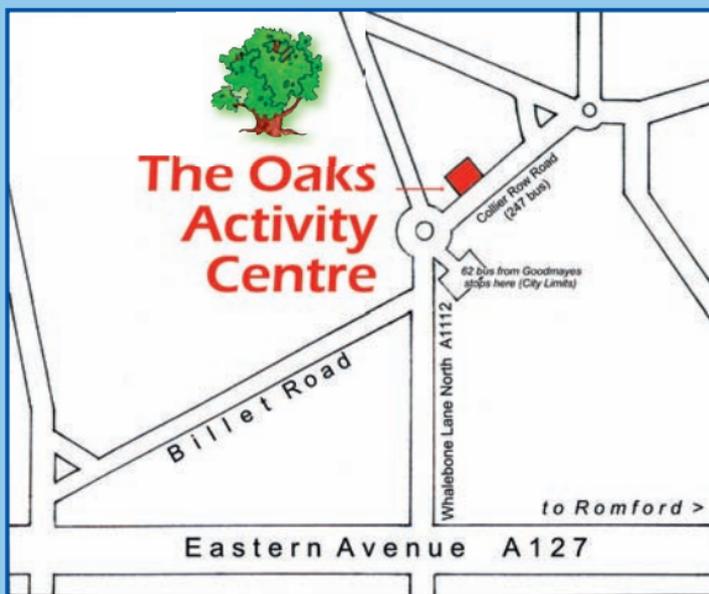


Knowledge and Understanding of the World



- ❖ we find out about the natural and man-made world
- ❖ we learn to select and use the right tools for a task
- ❖ we begin to understand about past and present in our own lifetime and beyond
- ❖ we find out about our own and other cultures through stories, music, art and dance
- ❖ we learn about our own locality, its special features, and the wider world
- ❖ we learn about computers and other IT devices and how to use them





The 247 bus runs from Barkingside to Romford (stop on Collier Row Road) and the 62 bus runs from Barking to Collier Row (stop at City Pavilion), both 3 minutes walk from The Oaks.

The Oaks Activity Centre

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